

Did you know lung cancer is the #1 cancer killer and 27% of all cancer related deaths are a result of lung cancer?



Join us for the Breath of Life Walk/Run!

Breathe California is excited to promote lung health through the Breath of Life Walk/Run.

Breath of Life
2.3 MILE WALK
CENTRAL PARK · LAKE ELIZABETH

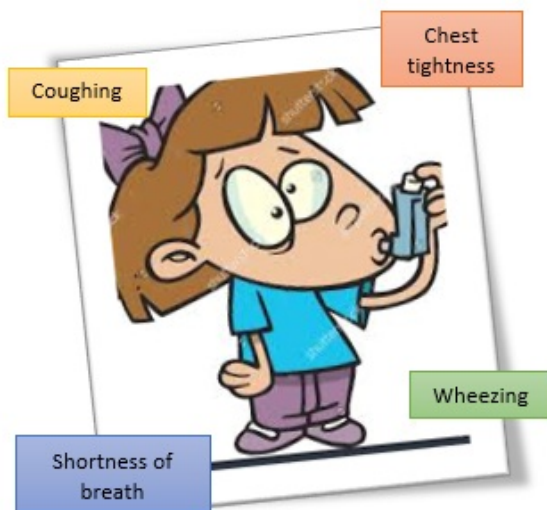
WHEN: OCTOBER 22ND
WHERE: 40000 PASEO PADRE PKWY, FREMONT, CA
TIME: 10AM-1PM

Requested donation of \$25

Register now!

Has asthma been negatively affecting your life or the life of your loved ones?

Each day, 10 Americans die from asthma, and 3,630 die from asthma each year



Breathe California of the Bay Area in partnership with *El Camino Hospital District* is now offering onsite **Asthma Management classes** for:

- ➔ Children at schools
- ➔ Parents, Childcare providers, teachers at facilities
- ➔ Indoor/Outdoor air quality assessments at homes, schools, daycare centers

Asthma Info

Tobacco Cessation Network Training

mHealth & Online Tobacco Cessation Services



- Training will provide participants with information regarding Mobile and Online Tobacco Cessation Services available, including effectively utilizing the 1-800-NO BUTTS telephone and online referral system and services

Date: September 20, 2016

Time: Noon-1:00pm

Location: Breathe California of the Bay Area
1469 Park Avenue San Jose, CA 95126

Please **RSVP** two days prior to meeting by emailing Julia Barba at julia@lungsrus.org or calling (408) 998-5865

[Learn more about our Tobacco programs!](#)

Breathe California of the Bay Area partners with PG&E



SAVE ENERGY! SAVE MONEY! SAVE THE PLANET!



Breathe California of the Bay Area is a leader in lung health advocacy. Together with PG&E, they will create awareness on saving energy. As of 2015, there are new rate plans, programs, and tool kits that are available for customers to save money, energy and the environment!

 New Rate Plans	 Tools and Kits	 New Programs
<ul style="list-style-type: none">-Tiered Rate Plan E1-Time-Of-Use 3-8pm (ETOU-A)-Time-Of-Use 9-4pm (ETOU-B)-EV-A (non-tiered, time-of-use)-EV-B (non-tiered, time-of-us	<ul style="list-style-type: none">-Rate Analysis-Home Energy Checkup-Energy Alerts-Balanced Payment Plan-SmartRate	<ul style="list-style-type: none">-C.A.R.E.-F.E.R.A.-E.S.A.-Medical Baseline Allowance-R.E.A.C.H.

FOR MORE INFORMATION CONTACT

PG&E: 1-(800)743-5000 ONLINE WEBSITE: WWW.PGE.COM
BREATHE CALIFORNIA OF THE BAY AREA: RAMYA@LUNGSRUS.ORG (408) 998-5865

Upcoming Events

Tri-Valley Nonprofit Alliance's "Stronger Together Festival" -

Saturday, September 17, 2016 from 10 am - 4pm, at the Shea Homes Plaza at the Bankhead Theater in downtown Livermore

Smoking cessation network training -

Tuesday, September 20, 2016 [Learn more!](#)

Breath of Life Walk/Run -

Saturday, October 22nd, 2016, Lake Elizabeth, Fremont

Leap for Lungs -

Saturday, November 12, 2016, 12-2 pm, at Stanford ValleyCare Hospital, Livermore

Click on the links to support us through our partnerships!

- [Lyft](#)
- [MyDomino](#)

STAY CONNECTED:

